

# Synergy Gymnastics Academy "In Union There is Strength"

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## Kinder Gymnastics – Co-Ed - 6 months thru 5 years

| Class                                                     | Cost to attend 1x per week, for 4 weeks | Mon                         | Tue    | Wed                                   | Thur             | Fri    | Sat               | Sun |
|-----------------------------------------------------------|-----------------------------------------|-----------------------------|--------|---------------------------------------|------------------|--------|-------------------|-----|
| Busy Bitty 6m-18m 25 mins.  You & Me 19 m – 2yrs 45 mins. | \$65                                    |                             |        |                                       |                  | 4:00pm | 12:30pm           |     |
| On My Own 3 – 5yrs<br>45 mins<br>(Potty Trained)          | \$65                                    | 4:15pm<br>5:15pm<br>6:15pm* | 6:15pm | 3:45pm<br>4:30pm*<br>5:30pm<br>6:30pm | 5:00pm<br>6:15pm | 5:00pm | 9:15am<br>10:00am |     |

## Girls Gymnastics – 5 years thru 17 years

| Class                                             | Cost to attend 1x per week, for 4 weeks | Mon                                    | Tue                        | Wed                                            | Thur                                 | Fri                                  | Sat                          | Sun |
|---------------------------------------------------|-----------------------------------------|----------------------------------------|----------------------------|------------------------------------------------|--------------------------------------|--------------------------------------|------------------------------|-----|
| Girls-Rec<br>Level 1<br>5 yrs - 9 yrs<br>55 mins. | \$82                                    | 4:00pm<br>5:00pm<br>6:00pm<br>7:00pm   | 4:00pm<br>5:00pm<br>7:00pm | 3:30pm<br>4:30pm<br>5:30pm<br>6:00pm<br>7:00pm | 4:00pm<br>5:00pm<br>6:00pm<br>7:00pm | 4:30pm<br>5:30pm<br>6:00pm<br>7:00pm | 9:00am<br>10:00am<br>12:00pm |     |
| Girls Rec<br>Level 1 10+<br>10–17yr 55min.        | \$82                                    | 6:00pm<br>7:00pm*                      | 6:00pm                     | 4:30pm*<br>6:30pm<br>7:00pm*                   | 6:00pm<br>7:00pm*                    | 4:00pm*                              | 11:00am                      |     |
| Girls-Rec 2<br>5 yrs - 17 yrs<br>85 mins.         | \$120                                   | 4:00pm*<br>5:00pm<br>5:30pm*<br>6:30pm | 6:00pm                     | 3:00pm*<br>4:00pm<br>5:30pm                    | 4:30pm<br>6:00pm                     | 6:30pm                               | 11:00am                      |     |
| Girls Rec 3<br>5 yrs - 17 yrs<br>115 mins.        | \$150                                   |                                        |                            |                                                | 4:00pm                               |                                      |                              |     |

## Boys Gymnastics – 5 years thru 17 years

| Class                              | 1 class per<br>wk - 4 wk<br>session | Mon    | Tue | Wed | Thur             | Fri    | Sat | Sun |
|------------------------------------|-------------------------------------|--------|-----|-----|------------------|--------|-----|-----|
| Boys Rec 1<br>5-17 yrs<br>55 mins. | \$82                                | 4:00pm |     |     | 4:30pm<br>7:00pm | 5:30pm |     |     |

| Boys Rec 2        | \$120 |  | 5:30pm | 4:00pm |  |
|-------------------|-------|--|--------|--------|--|
| 5 yrs - 17 yrs 85 |       |  |        |        |  |
| mins.             |       |  |        |        |  |

## Tumbling – Co-Ed - 5 years thru 17 years

| Class          | 1 class per<br>wk - 4 wk<br>session | М       | Tu | W | Th | F      | Sat | Sun |
|----------------|-------------------------------------|---------|----|---|----|--------|-----|-----|
| Beginner       | \$82                                | 7:00pm* |    |   |    |        |     |     |
| 5 yrs - 17 yrs |                                     |         |    |   |    |        |     |     |
| 55 mins.       |                                     |         |    |   |    |        |     |     |
| Intermediate   | \$120                               |         |    |   |    | 6:30pm |     |     |
| 5 yrs - 17 yrs |                                     |         |    |   |    |        |     |     |
| 85 mins.       |                                     |         |    |   |    |        |     |     |

### **Specialty Classes**

| Class                                                          | 1 class per<br>wk - 4 wk<br>session | М | Tu | W | Th | F | Sat | Sun |
|----------------------------------------------------------------|-------------------------------------|---|----|---|----|---|-----|-----|
| Home School Co-Ed<br>Kinder-12 <sup>th</sup> grade 55<br>mins. | \$65                                |   |    |   |    |   |     |     |
| Special needs 5 – 10 yrs Co-Ed 55 mins.                        | \$82                                |   |    |   |    |   |     |     |
|                                                                |                                     |   |    |   |    |   |     |     |

Sessions are based on 4 weeks, 1 class per week unless otherwise noted. \* classes are waitlisted until 3 or more students are enrolled. Make-Up classes are offered to currently enrolled students for missed classes in the SAME session (excludes Dev. & Team).

Must call to arrange make-up. Annual registration fees apply to all students enrolled in classes: \$35/1<sup>st</sup> student, \$20/2<sup>nd</sup> student in same family & household.

## Adults - 18 years +

|                                        | \$ per day                                                                  | М | Tu     | W | Th     | F | Sat | Sun |  |  |  |
|----------------------------------------|-----------------------------------------------------------------------------|---|--------|---|--------|---|-----|-----|--|--|--|
| Adult Gym Co-Ed<br>17 yrs +<br>1.5 hrs | \$18 drop-in                                                                |   | 8:00pm |   | 8:00pm |   |     |     |  |  |  |
|                                        | Punch Card - 8 punches for \$115. Card must be presented at the time of use |   |        |   |        |   |     |     |  |  |  |

#### Open Gym - 6m thru 17 years

|          | \$ per day              | М                | Tu                             | W              | Th              | F                | Sat    | Sun |
|----------|-------------------------|------------------|--------------------------------|----------------|-----------------|------------------|--------|-----|
| Open Gym | \$10 General            |                  |                                |                |                 |                  | 1:00-  |     |
| 1.5 hrs  | open gym                |                  |                                |                |                 |                  | 2:30   |     |
|          | Punch Card – Pre-nurcha | se 7 nunches get | the 8 <sup>th</sup> nunch free | Member Card is | nontransferable | Card must he nre | sented |     |